



## SESHADRIPURAM EVENING COLLEGE

No 27, Nagappa Street, Seshadripuram, BENGALURU – 560020

Permanently Affiliated to Bengaluru City University

Website: [www.sedc.ac.in](http://www.sedc.ac.in) Email : [sedc.ac.in@gmail.com](mailto:sedc.ac.in@gmail.com) Phone: 080-22955356/357

NAAC: Accredited – 'A' Grade

ISO 9001 : 2015 Certified

### BEST PRACTICES

#### PRACTICE 1:

##### Title of the Practice:

#### CHETHANA (Women Empowerment Cell)

##### Objectives of the practice:

- 1) To develop self -esteem among girl students.
- 2) To ensure good health and hygiene of girl students
- 3) To build the confidence and determination to be financially independent.
- 4) To provide the sense of safety and security to girls.
- 5) To make girl students ambassadors for societal change.
- 6) To reach the core objectives of the forum we work under two criteriawhich are:
  - a) Creating Empowerment.
  - b) Creating Security.

##### The Context

This initiative to ensure that girls are empowered with security by providing various supports in terms of physical ability, psychological stability, financial soundness and over all development of students are given preference in order to enable the mass strong social citizens of the country.

##### The Practice

The Chethana holds several awareness camps on topics like health, law, business, self-defense, and others to provide the girls with the knowledge they need for a life of equality, empowerment, personal growth, and professional success.

##### Evidence of success

NSS volunteers, YRC members, female student council and other committees were inspired by the Chethana's different awareness and gender sensitization programmes. They educated the current female students on gender issues in order to alleviate their sentiments of inequity.

In various socio-cultural circumstances, people experience apprehension and shyness. The students were modest and reserved, unwilling to breach academic boundaries, hindering the successful conduct of awareness programmes. Girls' active participation in women's cell activities

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to foster creativity and leadership. The thought process for women's empowerment is the result of faculty and student initiatives leaders.

**Problems Encountered**

During the execution of these several initiatives, the activity in charge of them ran into a few issues. One of the challenges was to convince the female students that, despite their legal understanding, their rights would be successfully exercised in a society that was still dominated by patriarchal mentality. Some of the female students admitted that in their societal structure, women still do not have the ability to use their rights to their own freedom of thought and action in order to make significant decisions for their families and themselves. The lack of financial resources was another issue. In the absence of necessary financial backing for the effective completion of such initiatives, all constructive efforts and passionate participation of interested in-charges of various activities are likely to fail.

- Convincing girl parents to allow them to participate in program.
- Time limitation.
- Motivating students to take up initiatives meant for their up-liftment.
- Maintaining a consistent level of interest and involvement among the girl students.
- Challenge in balancing family, work and academic life.

**PRACTICE 2:****SEVA SPANDANA (Institutional Social Responsibility Cell) 'SevaSpandana'****Objectives of the practice**

1. Educating the poor.
2. Feeding the hungry.
3. To bring awareness about re-use of the resources.
4. Protect the environment.
5. Providing knowledge about Information Technology.
6. Creating new social project and executing the same.

**The Context**

The Institutional Social Responsibility (ISR) Cell of the college provides the platform for the students and other stake holders of the college to contribute something to society and as well as to the college. NCC, NSS, YRC and Rangers and Rovers are part of the cell. The students of the different committees of the college are also the members of this ISR cell by default.



SESHADRIPURAM EDUCATIONAL TRUST

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### The Practice

The convenor and volunteers of Seva spandana contact the students for a membership drive at the start of the odd semester, outlining and promoting their objectives. The club has coordinators who discuss the club's goals and offer advice on how to foster a positive Attitude towards social responsibility.

To help students build stronger relationships with the community, several events and awareness campaigns are organized.

### Evidence of success

Organizing the numerous programmes at the college seems to improve the students' organizational skills.

The aforementioned programmes inspired the students, who then actively engaged in additional social events organized by the college and looked to be more socially aware.

The execution of activities under Institutional Social Responsibility and Community Engagement assumes that the benefits of such efforts would be distributed over a long period of time to a wide portion of society. While both students and staff benefit from the process of community involvement, which makes the teaching-learning process more socially and responsibly oriented, the community benefits both in the short and long term.

### Problems Encountered

It might be difficult to engage and motivate a large number of students in these activities. Maintaining the behaviour of students in events off the college campus is a significant job. The staff and student volunteers are subject to time restrictions due to the test schedule for the semester.

PRINCIPAL  
SESHADRIPURAM EVENING COLLEGE  
BANGALORE-560 020.