



SESHADRIPURAM EDUCATIONAL TRUST

ಶೇಷಾದ್ರಿಪುರಂ ಸಂಜೆ ಪದವಿ ಕಾಲೇಜು

SESHADRIPURAM EVENING DEGREE COLLEGE

Permanently Affiliated to Bangalore University

Recognised by the University Grants Commission under 2(f) and 12(B) of the UGC Act 1956
No. 27, Nagappa Street, Seshadripuram, BENGALURU – 560 020

Phone : 080-22955356 Fax : 9580-22955357

Website : <http://www.sedc.ac.in> Email : puranikprincipal@gmail.com / info@sedc.ac.in

NAAC Re-Accredited Grade 'B'

Ref. No. : SEDC

BEST PRACTICE- 1

Title of the practice:

CHETHANA FORUM (Women Empowerment Cell)
“Care for Creators”

Objectives of the practice:

- 1) To develop self -esteem among girl students.
- 2) To ensure good health and hygiene of girl students
- 3) To build the confidence and determination to be financially independent.
- 4) To provide the sense of safety and security to girls.
- 5) To make girl students ambassadors for societal change.
- 6) To reach the core objectives of the forum we work under two criteria which are:
 - a) Creating Empowerment.
 - b) Creating Security.

Context of the practice:

This initiative to ensure that girls are empowered with security by providing various supports in terms of physical ability, psychological stability, financial soundness and over all development of students are given preference in order to enable the mass strong social citizens of the country.

Program no:	Name of the programme	Collaboration	No. of participants
01	Medical checkup programme	Nil	10
02	Awareness on Financial stability	Nil	48
03	One day self-defense workshop for girls	Nil	62
04	Scholarship awareness programme	Nil	58
05	Awareness on Educational loan	Nil	65
06	Collage competition	Nil	30
07	Less usage of plastic	Nil	12



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The practice

- Regular medical check-up conducted to improve the hemoglobin level of girls to equip them as a healthy blood donor and for a healthy motherhood.
- Practical class of self-defense conducted for girls to ensure safety regularly.
- Creating awareness and educating the girls students about the various scholarships provided from government.
- Provision of providing information of educational loan at concessional interest rates.
- Creating a platform to showcase their talents on the occasion of international women's day to boost their self-esteem by conducting competitions and awarding cash prizes for the winners.
- Conducting workshop related to event management which helps the creation of ideas and generation of wealth which builds a sense of financial stability.
- Creating awareness about the less usage of plastic in the nearby localities in and around the college campus.

Evidence of success

- Increase in the number of blood donors in female category.
- Greater confidence in organizing programs.
- Development of entrepreneurial habit in girl students
- Increase in the number of students freelancing in areas like Mehendi, Flower decoration, Chocolate making, Beautician and tutorials.

Problem Encountered

- Convincing girl parents to allow them to participate in program.
- Time limitation.
- Motivating students to take up initiatives meant for their up-liftment.
- Maintaining a consistent level of interest and involvement among the girl students.
- Challenge in balancing family, work and academic life.



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BEST PRACTICE- 2

Title of the practice: SEVASPANDANA

‘Seva Spandana’-

Objectives of the practice

1. Educating the poor.
2. Feeding the hungry.
3. To bring awareness about re-use of the resources.
4. Protect the environment.
5. Providing knowledge about Information Technology.
6. Creating new social project and executing the same.

Context of the practice

The resolution to initiate Institutional Social Responsibility (ISR) Cell of the college which provides the platform for the students and other stake holders of the college to contribute something to society and as well as to the college. NCC, NSS, YRC and Rangers and Rovers are part of the cell. This cell conducts various projects. The Students of the different committees of the college will also be the members of this ISR cell by default. This cell also works with different NGO's.

Program no:	Name of the programme	Collaboration	No. of participants
01	Youth 2 children	Nil	04
02	36 meals	Nil	15
03	News paper bag	Nil	18
04	Let's write together	Nil	18
05	Micro manufacturing model	Nil	36



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The practice:

Practice under Institutional Social Responsibility

1. Youth 2 Children (SSY2C)

SSY2C project is all about transforming children to the next level by sharing with them the knowledge about higher education, health and hygiene, basics of internet like Google, e-mail, flipkart, online railway ticket booking etc.

The objective of this initiative is to ensure the educated youth volunteers to take initiatives to spend their efforts and time on making the underprivileged students of government schools and orphanages Educated. (In country like India, where a lot of Government schools have low quality education)

This proposes to take the awareness about various things to the under privileged students of the nation. A lot of third world countries have student population who don't go for higher studies and they are deprived of quality education. While the youth who is enjoying quality education is unaware of the opportunity, this motivates them to take a lead and make a difference.

2. 36 Meals

This initiative from the origin of general survey of food wastage, average waste of food in the plate of the consumer. Calculated 10 days' wastage of food in the plate is equal to 1 meal according to survey, so per month it is 3 meals. When we consider for overall year, one-person waste 36 meals in a year without having awareness. It is an initiative to bring awareness about food wastage and donate a meal for needy people in the society.

Objectives

- A Hunger free world. Amongst the basic necessities, food is the most basic of all.
- All have rights to get food, not just the able. It aims at a world with no wastage of food over a meal. The word "leftover", at a meal, should lose its meaning.



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3. News Paper Bag (SSNPB)

This is an initiative under the objective of ISR Cell of the college to re-use the resources. This is to reduce plastic campaign. An initiative to convert the Newspaper into bags of different sizes and provide it to different shopping outlets in the vicinity to encourage them to reduce use of plastic bags.

Objectives:

Saving Trees: As it makes use of newspapers, it avoids manufacturing of more paper, which reduces slaughtering of trees. "A tree not cut, is a tree planted". In a world like today, where usage of all resources is so high, avoiding wastage is in itself creating resource. So we can present a green earth to our predecessors.

4. Lets Write together (SSLWT)

This is also one of the initiatives under the objectives of re-use the resources "A PEN IS MIGHTIER THAN THE SWORD", but how well do you use! To make better use of used pens, make them better and gift them to the needy.

Objective:

Re-use: As it makes re-use of pens which is empty, it avoids wasting of body of pen and it reduces the use of plastic resources. In present world, usage of plastic has increased and habits of re-using or re-cycling decreased. This project helps. to increase the habit of re-using resources.



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5. Micro Manufacturing Model

This is an initiative under the objective of ISR Cell of the college to give opportunity for the students to gain exposure to manufacturing process and systems. This initiative gives space for students to participate in different manufacturing training program and sell the products inside and outside the college campus.

Objective:

- To Create revenue model for students.
- To create path for entrepreneurship
- To create self-sustainability.
- To bridge the gap between academic and market practicality.

Action Taken

Trained students to do paper manufacturing, chocolate making and candle manufacturing. This helped to them sell items in the college and created opportunity to earn while they learn.

Evidence of success

- Increasing in the number of ISR initiatives year by year with better impact.
- Students developing people management skills through projects.
- Developing skill of the students in crisis management.
- Improving organizing capacity of the students and as well as faculties.
- Covering various aspects of social issues.

Problem encountered

- Continuation of projects in different venues.
- Irregularity of the students.
- Motivating students to participate in social projects
- Lack of professionalism in organizing social projects.


PRINCIPAL

Seshadripuram Evening Degree College
BANGALORE - 560 020